

VJK KB Diksmuide 26: Session: 2: COACH evaluation sheet for TEAM: GZVN

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Smeets Mirthe

Coaches: Broux Yves

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 15: 50M BACKSTROKE MEN 15-16							Heat:1, starttime: 14:57	
Heat: 1/4 Lane : 5 Athlete: MIJSLINSKI JAYDEN							Q-time: 00:32:02	
PB (25m pool): 00:32.02 Bree 31/05/2026							PB (50m pool): 00:34.23 SB: no time	
	2 5 M		5 0 M					
PB			00:32.02					
	00:32.02							
								

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 15-16						Heat:1, starttime: 15:28	
Heat: 1/3 Lane : 7 Athlete: LUTS EMILIA						Q-time: 00:37:93	
PB (25m pool): 00:37.60 Maastricht 30/12/2024						PB (50m pool): 00:39.05 SB: no time	
	2 5 M		5 0 M				
PB			00:37.60				
	00:37.60						
							

Coach feedback:

Event number: 23: 200M FREESTYLE MEN 15-16						Heat:2, starttime: 15:45		
Heat: 2/6 Lane : 1 Athlete: MIJSLINSKI JAYDEN						Q-time: 02:07:30		
PB (25m pool): 02:07.30 Hasselt 04/10/2026						PB (50m pool): 02:16.34 SB: 02:07.30 Hasselt 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.58		01:02.79		01:36.23		02:07.30
	00:29.58		00:33.21		00:33.44		00:31.07	
								

Coach feedback: